

Pillow menu

★ ★ ★
CAPRICE
Ihr Garni-Hotel in Grindelwald

Good
evening,
good
night.

All pillows
are available for
purchase at
reception.

There's a herb for everything - including your sleep.

We are convinced: good, restful sleep is the key to more balance and well-being.

We have compiled a selection of our high-quality herbal pillows for you. Find your personal natural pillow and deposit your wish at the reception. And already tonight you draw strength from the rich abundance of our nature.

Did you sleep well?

So good that you would love to take your pillow home with you right away? Ask at the reception for opportunities to buy your dream pillow and take a little piece of your holiday home with you.

Sleep well.

Basic fillings

Both basic fillings ensure a pleasantly fresh sleeping climate and the ideal orthopaedic position of the spine.

Organic spelt husks



fixed

Soothingly firm, yet pliable and cuddly, relieves tension through massage effect, pleasantly permeable to air

Organic millet husks



soft

Cuddly soft due to the fine-grained lightness, wonderfully cooling in summer, air-permeable and heat-retaining during the cooler seasons.

Alpine Swiss stone pine pillow

Swiss stone pine
Basic filling organic spelt husks



solid

The "Queen of the Alps" not only has a purifying and refreshing effect on the air in the room, but also opens the airways and soothes irritable coughs and sensitivity to the weather.

Swiss stone pine harmonises the cardiovascular system and demonstrably reduces the heart rate. In this way, it supports physical and mental recovery during the night and thus promotes mindfulness in everyday life.

Filling

Pure planed flake of the Austrian high alpine mountain pine from species-preserving wild growth, organic spelt husks



7-Herb Rest Pillow

Seven calming herbs, basic filling
organic millet husks



soft

The blend of seven selected herbs has a calming, mood-lifting and anxiety-relieving effect. Its pleasant fragrance makes it easier to let go and ensures a deep and peaceful sleep.

Filling

Lavender blossoms, golden balm leaves, marigold blossoms, St. John's wort, rosehip, betonica herb, hop cones, organic millet husks



Headache Relief Pillow

Peppermint
Basic filling organic spelt husks



A "pillow" in the truest sense of the word. The natural menthol of real mint stimulates the circulation and thus relieves congestion and headaches. It clears and frees the mind, opens the airways and relieves irritating coughs. The slightly cooling effect of peppermint refreshes and thus contributes to relaxation.

Filling
Real mint, organic spelt husks



Immune booster cushion

Immune system strengthening herbs
Basic filling organic millet husks



soft

The five best herbs for the immune system. To support the body's own powers, we offer a carefully selected herbal composition that activates the natural defences with its inherent modes of action.

With the help of nature's fragrant support, the body's defences are strengthened and regenerated.

Filling

Cistus, water tuber, lemon balm, thyme, sage, organic millet husks

Our small manufactory

In the middle of the Bregenzerwald (Bregenz Forest), soothing sleeping pillows are created from the precious treasures of nature. We lovingly handcraft our own mixtures from over 40 herbs and process them into wonderful natural pillows.

As a family business, we attach great importance to social interaction and sustainability in dealing with regional resources. Each of our pillows is freshly and carefully filled by hand. This particularly gentle handling preserves the natural potency of the herbs. We particularly appreciate the cooperation of people with disabilities.

With their talents, they enrich our business.

With every purchase of our products you support "Together Green", a project for the reforestation and conservation of the rainforest.

himmelgruen.at/gemeinsamgruen

HIMMEL
Grün



**We wish you fragrant nights and
a relaxing stay.**

Your hosts and the Himmelgrün team